

ADDITIONAL CHALLENGES

- MAKE YOUR OWN RAINBOW (BE CREATIVE)
- MAKE A TORCH LIKE GIDEON (NO REAL FIRE PLEASE)
- USE THE MEMORY VERSES TO MAKE BIBLE ART
- WRITE OUT THE VERSE AND DRAW A PICTURE TO GO WITH IT
- □ HOW LONG IS YOUR DRIVEWAY/WALKWAY?
 - O HOW MANY STEPS IF YOU WALK HEEL TO TOE?
 - HOW MANY JUMPS IF YOU HOP LIKE A KANGAROO?
 - WHAT OTHER FUN WAY CAN YOU MEASURE YOUR DRIVEWAY OR WALKWAY?
- JOHN THE BAPTIST CALLED OUT TO OTHERS ABOUT JESUS:
 - COME UP WITH A FUN WAY TO PASS ON THIS MESSAGE: "JESUS IS THE WAY, THE TRUTH AND THE LIFE. GOD LOVES YOU!"



Take pictures of the week's activities and send them to our email so we can all share in the VBS Express Scrapbook.

✓ vbs@exeterchapel.org

Exeter Chapel

Phone: 401.294.2546 Web: www.exeterchapel.org/vbs





TRUTH





ID PICTURE



DRAW PICTURE OF YOU

IDENTIFICATION INFORMATION

Eye Color	
Hair Color	
Favorite Color	
Super Power	



God and Man

Who is God?

God is holy, which means he is perfect and never does anything wrong.

God created man in His own image to be with him in the world he made

All have sinned and fall short

What is sin? Sin is disobeying $\operatorname{\mathsf{God}}$ and doing what he says is wrong.



The first man and woman that God created sinned and because of this all men are sinful. We are born sinful, wanting to do things our own way and not always God's way.

God is holy and hates sin. God loves us but our sin separates us from him. The Bible says sin must be punished and the punishment for sin is death.

In Christ you have new life

We cannot take away our own sin, but God can. Jesus is God's son who came to earth as a man and even though he was born a human, like us, he never sinned. He always did what God wanted.



He died on the cross to take the punishment for everyone's sin. Only Jesus could take the punishment for sin because he himself never sinned, he never disobeyed God his father. That's not the end!

Jesus did not stay dead. Three days after his death he was raised back to life by God and now he lives in Heaven preparing a place for all who believe in him.

If you believe that Jesus is the Son of God who died and rose again for your sins, you can live forever with him in heaven.

When you trust in Jesus, he promises the Holy Spirit will help you live a life that is pleasing to God.









Extra Service Ideas:

- $_{\circ}$ wash the windows of someone's car
- $_{\circ}$ collect trash from outside
- $_{\circ}$ make a dessert for someone
- $_{\odot}$ wash the toys in the church nursery
- $_{\odot}$ draw a picture/make a card for someone
- $_{\circ}$ return carts at the grocery store
- $_{\circ}$ put together a homeless package
- o put together backpacks for foster children
- $_{\odot}$ leave a gift and thank you card for our mailman
- $_{\circ}$ read books to a younger child
- $_{\odot}$ make cookies for your Sunday School teachers
- $_{\circ}$ Make a meal for a family
- $_{\odot}$ Send cards to deployed soldiers
- $_{\odot}$ Bring flowers to someone in the hospital or nursing home
- $_{\odot}$ Make a snack for another Sunday School
- $_{\odot}$ Pray for someone, offer to pray with them

Extra Memory Activities/Games

- Write verse one word at a time on post- it notes or scrap paper. Tape one word per Lego block and build a tower with your verse
- \circ Practice singing the verse and use hand motions
- Ask your parents to print out a coloring page of your Bible Memory verse.
- \circ Practice writing out the verse repeatedly. Use different colors, capital letters, cursive, backwards.
- Write the verse out on index cards. Use 10 or more. Mix them up and then put them in order. Time yourself to see how fast you can do it.



Passport Information

Passport Number:	
Name:	
Address:	
Country:	
Birthdate:	
Emergency Contact Information	
Name:	
Phone:	
Signature	







Monday: Day 1

Entries	Departure

How does a Boat float?

When the amount of water pushed down and away from the boat is the same as how much the boat weighs.

Buoyancy: is the upward force or "push" on the bottom of the boat as it



CHALLENGE: BUILD A BOAT

- DOES IT FLOAT?
- DOES IT FLOAT WITH BOB IN IT?
- □ HOW MANY PENNIES CAN YOUR BOAT HOLD AND STILL FLOAT?
- 3 send in pictures and reports of how your boats do



Jesus Christ

Learn Truth:

God has one way, one truth, one Life.

Memorize Truth:

"I am the way and the truth and the life. No one comes to the Father except through me."

- John 14:6

Activity -Hopscotch

Make a hopscotch with chalk and write one word per box and practice jumping while reciting your verse.

*it will be long

Build with Truth:

- Do you trust that God will take care of you in everything you do? Even the hard times?
- Do you pray and give thanks for what He will do, as Jesus did?

Put Truth into Action:

Serve others as Jesus served others.

Offer to help an elderly neighbor/family member with yard work.









Friday – Day 5

Entries	Departure

Why do trains use tracks? On the track, full steam ahead!

Railroad tracks guide the train. They are smooth for a low- friction surface and they spread the weight of the heavy train to the ground.

With the edges of the rails the wheels stay straight on the track. The engineer doesn't need to steer, and the engine can work on going forward as fast as possible.



CHALLENGE: BUILD A TRAIN CHAIN REACTION

- STACK DOMINOES OR BUILDING BLOCKS TO MAKE A CHAIN REACTION.
- □ HOW FAR DOES YOUR TRACK REACH?
- □ CAN YOU CREATE CHAIN THAT WILL REACH BOB 2 FEET AWAY?
- 11 send in pictures and reports of how chain trains work



Noah

Learn Truth:

God does not prevent trials, he helps us endure them.

Memorize Truth:

"As long as the earth endures, seed time and harvest, cold and heat, summer and winter, day and night will never cease."

- Genesis 8:22

Activity -Word Picture

What does the verse make you think of or remind you of? Draw that and write the verse on your drawing somewhere, or make a collage:

Collect pictures from magazines or things from outside to cut and paste on paper.

Build with Truth:

- Are you going through something difficult?
- Do you believe that God will be with you and help you?
- Ask God to help you trust in his promise to help.

Put Truth in Action:

Share scripture with someone else that is having a hard time.









Tuesday: Day 2

Entries	Departure

How do planes fly? Trust in the lift

Lift: the force that airplanes create which will move the airplane upward. Lift is made by thrust, the forward motion of the airplane through the air.



other forces at work: the **weight** of the plane pulling down because of gravity, and **drag:** the resistance of air against the plane going forward

CHALLENGE: BUILD A PAPER PLANE

- DOES IT FLY? HOW FAR?
- DOES IT FLY WITH BOB IN IT? HOW FAR DOES IT FLY?
- HOW MANY PENNIES CAN YOUR AIRPLANE CARRY AND FLY? HOW FAR?
- 5 send in pictures and reports of how your planes fly



John the Baptist

Learn Truth:

God does not guarantee an easy life for those who love him.

Memorize Truth:

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

- John 16:33

Activity -Dominoes

Write one word per piece of paper and tape the papers onto dominoes. Line the dominoes up as you say each word and then knock them down!

*you can use building blocks or even books

Build with Truth:

- Have you shared the good news about Jesus and been rejected?
- Take time to pray for that person and thank God for allowing you to share the good news.

Put Truth into Action

Write a letter to a missionary. Encourage them as they spread the good news.









Thursday – Day 4

Entries	Departure

When things get up, trust in God to lift you up!.

How do Hot Air Balloons work?

Hot air is lighter than cool air. A burner below the balloon will blow hot air up into it. As it fills the balloon it will lift the basket off the



A valve at the top is opened to let the hot air out when the balloon needs to land.

CHALLENGE: BUILD A HOT AIR BALLOON

- BUILD YOUR OWN HOT AIR BALLOON FOR BOB
- IS THERE A WAY TO MAKE YOUR HOT AIR BALLOON FLOAT IN AIR?
- send in pictures and reports of how these activities go 9



Gideon

Learn Truth:

God understands our fears, but he still wants our obedience.

Memorize Truth:

"So do not fear, for I am with you, do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

- Isaiah 41:10

Activity Water Balloon

Fill a water balloon up. Find a partner and say one word of the verse at a time while passing the balloon to a partner. See if you can recite the entire verse without dropping the water balloon!

*this can be done with an egg, or even a wet sponge

Build with Truth:

- What is something you think is too hard for you to ٠ handle?
- Pray and ask God to show you his care and victory over your struggle.

Put Truth into Action:

Find 3 items to donate to a food bank, clothing collection or toy collection.

6 send in pictures and reports of how these activities go











Wednesday – Day 3

Entries	Departure

One step, two step, walking is slow. Three step, four step, an animal may help us go.

Naomi and Ruth had to travel almost 50 miles to get back home. This would be a short trip today with our cars but on foot this would take 7-10 days.

Animals like camels and donkeys were helpful for trips and could help to carry food/blankets/clothes.



Fun Fact: Donkeys walk at the same speed as a person—about 4 miles an hour

CHALLENGE: MAKE AN ANIMAL TO HELP TRANSPORT BOB

- □ BE CREATIVE AND USE ANY MATERIAL YOU WOULD LIKE: (IE: PAPER, EGG CARTON, PLAYDOUGH, STICKS, LEAVES...)
- □ HOW LONG DO YOU THINK IF WOULD TAKE BOB TO TRAVEL TO EXETER CHAPEL WITH THIS ANIMAL?
- 7 send in pictures and reports of your animal transportation

Naomi and Ruth

Learn Truth:

God gives us relationships to help us through difficult times.

Memorize Truth:

"Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts."

- Colossians 3:16

Activity -Whiteboard Wipe Out

Write verse on a dry erase board. Erase one word at a time and keep reciting it until all the words are erased.

Build with Truth:

- Have you ever been helped by someone when you were having a hard time?
- How can you help to encourage a friend who is going through a hard time?

Put Truth into Action:

Put together a care package for someone (college student, military, police or fire station, mailman, etc)

send in pictures and reports of how these activities go **8**



