TERMS:

5:16 – *walk* – walk about; governing one's life by the standard (the Holy Spirit)

5:18 – *led* – to drive or to lead; to move, impel (Holy Spirit affecting the mind)

5:25 – *live* – manner of living/acting (by the Spirit's power) particularly to do w/one's character

walk – to walk, to direct one's life (by the Spirit)

Gal 2:19b; 5:24

PROVISION | OBLIGATION

We have declared war on it; we are not going to resume negotiations. (Stott, *The Message of Gal*, 152)

Our duty is to apply ourselves to His commands; and it is *H*is work to enable us to perform them. (Owen, *On the Holy Spirit*, 117, italics not in the original.)

Crucify the Flesh . . . Walk by the Spirit (Gal 5:24-25):

This will be seen in our whole way of life – in the leisure occupations we pursue, the books we read and the friendships we make. [And it will be seen] above all, in what older authors called 'a diligent use of the means of grace,' that is, in a disciplined practice of prayer and Scripture meditation, in fellowship with believers who provoke us to love and good works, in keeping the Lord's day as the Lord's day, and in attending public worship and the Lord's Supper. It is not enough to yield passively to the Spirit's control; we must also walk actively in the Spirit's way. Only so will the fruit of the Spirit appear. (Stott, *The Message of Gal*, 154)

THE WAY OUT

- 1. Confess troubling sin by name.
- 2. Because Jesus Christ died for that sin, ask for forgiveness on that basis.
- 1 Jn 1:7, 9 But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (ESV)
- 3. Declare your allegiance to Jesus Christ, not to the flesh; He is the <u>only</u> Sovereign over the troubled area. **1 Cor 12:3; Phil 2:9-11**
- 4. *Be filled with the Spirit* (Eph 5:18), offering Him control of every area of your life (emotions, will, attitudes, words, actions) and particularly that troubling area.
- 5. Praise the Lord for His freedom, using **Ephesians 1: Colossians 1:11-20**.
- 6. Be on the look out <u>daily</u> for temptation back into bondage. Deal with any failure quickly and ruthlessly. Choose to cooperate with the Spirit by saying "No" to sin and "Yes" to right living. (**Gal 5:16-17, 24-25**)

Prayer for us:

Col 1:10 – That we would "walk in a manner worthy of the Lord, fully pleasing to Him, bearing fruit in every good work and increasing in the knowledge of God." (ESV)